

## **Weekly Countryside Walks**

**Funded by Essex County Council as part of the  
Community Wellbeing Pilot Scheme**

**Join us each Wednesday for a walk in the lovely  
Essex countryside.**

**Meet at Sion Centre at 1:30pm.**

**Please wear sturdy footwear and waterproofs.**

**Café available at Sion Centre from noon, perfect  
for a light lunch or snack.**

**We look forward to seeing you there!**

For further information please call 07511 824170 or email

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